

**The Yoga Of Relationships: A Practical Guide For Loving  
Yourself And Others**

**By Yogi Amrit Desai**

**Amrit Desai (Author of Amrit Yoga & the Yoga -**

Amrit Desai is the author of Amrit Yoga & the Yoga Sutras - Amrit Yoga and Its Roots in Patanjali's Ashtanga Yoga (4.83 avg rating, 6 ratings,

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### **Calam o - Natural Awakenings Magazine, November -**

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